

# Headline: The Cadet Forces

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The Combined Cadet Force (CCF) is an opportunity that opens up new experiences to young adults about the military, The CCF is a national youth organisation that is sponsored by the United Kingdom's Ministry Of Defence and the British Army. It is made up three cadet forces, The Army Cadet Force (ACF), The Sea Cadet Corps and The Air Training Corps (ATC), The ACF makes up the Community Cadet Forces.

Joining the CCF offers a number of opportunities to take on responsibility and develop leadership skills. As cadets progress through their time with the CCF, they are encouraged to take responsibility for themselves and gradually for others. In the early stages this will involve looking after their uniform and kit, and developing self-discipline and organisational skills to successfully complete their basic training.

The Biennial Inspections are a 2 year annual inspection that is when veterans/acting officers of the military come to Herefordshire and inspect the cadets at the Herefordshire cathedral school. So all of the cadets have been preparing for this inspection, making sure there uniform is immaculate and their drill is the best it can be. As a cadet I am very excited for the annual inspection and have been preparing my uniform so it's at its best. For example polishing my parade shoes every day for an hour and ironing my uniform.

Some people refuse to be a cadet because of the Drill and the hard work that gets put in but honestly it's worth it. After being an air cadet has changed my life I have made extraordinary friends which are made for a life time.

