

Headline: Girls Under Pressure

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Teenage girls these days are insecure about a lot of things. Many of these people feel they are not good enough for anyone due to the social media and school judgemental people. Bullying nowadays are always making people, especially girls, depressed, anxious in their daily life and self-conscious.

We did a survey in each of our class and we found out that 40% of girls are insecure about their looks, and they agree that social media is the main cause of the problems they have with themselves and it is due to the photo-shopped images of people. Bullying online can also be a major issue for a lot of girls. 30% of the girls on the survey said they feel that because they aren't in a "popular" crowd, they aren't good enough. A lot of girls on social media feel the need to constantly look good on the sites because they want people to be interested in them or want to show off. Because of this, they put on makeup to make themselves look 'flawless', but people can take this the wrong way. This can make girls depressed and their confidence would be knocked significantly. They are intimidated by the girls and boys who think they are better than everyone else.

School is also a major problem because there are people that bully and judge people on how they look. This causes more issues than online in some cases because it makes them not want to go to school. Therefore, this results in girls not wanting to go to school. However, a few girls think that school does help give out confidence, because they have campaigns like 'This Girl Can' and helping each other get through bullying and issues at home.

We asked our head teacher Mr Knapp about what makes him insecure and he told us, "I worry a lot about our school and how we can keep improving". We found out that although people don't feel confident in school, they try to make it as good for everyone as they can and that a lot of girls on social media, like Instagram or Snapchat, feel that people who are richer have happier lives.

It all comes down to one thing. Social Media.