

Computer game addictions for young people

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In the recent years we have noticed that are alot of people addicted to video games. This means that they are sitting in front of a monitor playing for excessive amount of hours making them seem like zombies!!!

So we asked people how many hours a day do they play? From our investigation we have found on an average that young people play 6.3 hours a day. From our perspective as a young person this does not sound like alot, but most adults would say this is outrageous as this is a whole school day!

We also asked why people play video games. We found that from young people's perspective they said that it entertains them, but from an adults perspective they said that they escape from reality. Also they said that they get out of the world's modern pressures and that they enter a comfort zone where nobody can disturb them. Dave, a Year 9 student said, "I play video games a lot because it entertains me for a long amount of hours. Because of this I do not do my homework!"

However gaming can be a good thing as you can get amazingly good hand eye co-ordination and can make you smarter. For example Sea of Thieves consists of a compass which you could use if you want to sail ship etc. furthermore you gain education while having fun. Who wouldn't like this?